

HOW TO TACKLE FOOD INSECURITY

A CONVENING OF TENNESEANS PLANTING SEEDS OF POSITIVE CHANGE IN FOOD ACCESS WITHIN THE MATERNAL HEALTH SPACE



ALL PEOPLE DESERVE FOOD

CHOICES ACCESS DIGNITY

AMPLIFY COMMUNITY VOICE
LEAD together
POINTS THE WAY TO SOLUTIONS
HUMANIZES THE ISSUE



FOSTERS THEIR POWER



NOTHING FOR US WITHOUT US



CREATING SPACES THAT ARE WELCOMING & SAFE FOR ALL...
CREATES CONDITIONS THAT FOSTER DIALOGUE

CREATE COMMON GROUND
WITH SPACES THAT DON'T LOOK LIKE A SOUP KITCHEN OR WELFARE OFFICE

INCENTIVIZE PARTICIPATION
GIFT CARDS & MONEY, SURE and CARE, RESOURCES & FOLLOW UPS!



EDUCATING THEM ABOUT THE IMPORTANCE OF THEIR VOICE INCREASING DATA



SHARE RESOURCES
LEVERAGE PARTNERSHIPS



TEAM APPROACH

ADVOCACY IS NOT QUIET

IS A SKILL YOU CAN BUILD

RETHINK OUR MEDIA STRATEGY
YOUTH-CENTRIC
THEY'LL SUSTAIN THE EFFORT LONGTERM

BELIEVE IN YOUR VISION

LACK OF RESOURCES

LEGISLATIVE HURDLES

CULTURAL MINDSETS AROUND HEALTH

ABOLITIONISTS NOT ALLIES

PANEL DISCUSSION & BREAKOUT SESSIONS / SEPT 2023

SERVE IN WAYS THAT HONOR

HOW CAN WE PROVIDE A COMPREHENSIVE APPROACH TO SUPPORT FOR CHILDBEARING FAMILIES



BUILD RELATIONSHIPS

EDUCATION AROUND NUTRITION...

BUILD TRUST WITH COMMUNITY FOR YOUR EFFORTS TO HAVE IMPACT



WHAT IS IT?
HOW TO COOK IT?
HOW TO GROW IT?

MOTHERHOOD IS A PHYSICAL, MENTAL & SOCIAL **TRANSITION**

THINK WHOLE-ISTICALLY

VARIETY OF MODES TO MAXIMIZE REACH

COMMUNICATION

CHECK YOUR ASSUMPTION OF LITERACY

USE COMMUNITY REPRESENTATIVES AS LIAISONS

RESOURCE HUB

PATIENT CENTERED, HEALING FOCUSED, TAILORED CARE

PRACTICE ACTIVE LISTENING

PROVIDE NEW PARENT DISCHARGE PACKET HIGHLIGHTING CURRENT RESOURCES

ADDRESS TRANSPORTATION ISSUES

PROVIDING FOOD MATCH THE NEEDS -
- NUTRITIONALLY
- CULTURALLY
- RELIGIOUSLY

The University of Tennessee Health Science Center College of Nursing Department of Community and Population Health and the College of Medicine Department of Preventive Medicine, in partnership with our Community Advisory Board, conceptualized, planned, and implemented this project. For additional information please email the primary investigator Dr. Sarah Rhoads at srhoads@uthsc.edu.

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